



Mangwanani<sup>®</sup>  
African Spa  
SINCE 2002

## Treatment Menu

### uBuso

An essential facial with exfoliation, relaxing massage, face mask, toner and moisturiser. Leaving you feeling renewed and refreshed.

60 minute treatment R500

### Izimanga

Traditional Full Body Hot Stone Massage where hot stones and a blend of essential oils and lemongrass are placed on the body and a crème and almond oil infusion melt into the skin, leaving you feeling refreshed, revitalised and re-energised.

60 minute treatment R550

90 minute treatment R700

### uMhlane

Full Back Massage with our Signature Blends of African Ritual Oils for that ultimate relaxation and serenity.

30 minute treatment R300

60 minute treatment R400

### Molala

North African Head, Neck and Shoulder Massage with warm Sesame Seed Oil that helps destress and alleviate neck and shoulder tension.

30 minute treatment R300

60 minute treatment R400

### Neo Maoto

Royal African Foot ritual with Warm Rose Petal Water and exfoliation followed by a pressure point leg and foot massage.

30 minute treatment R300

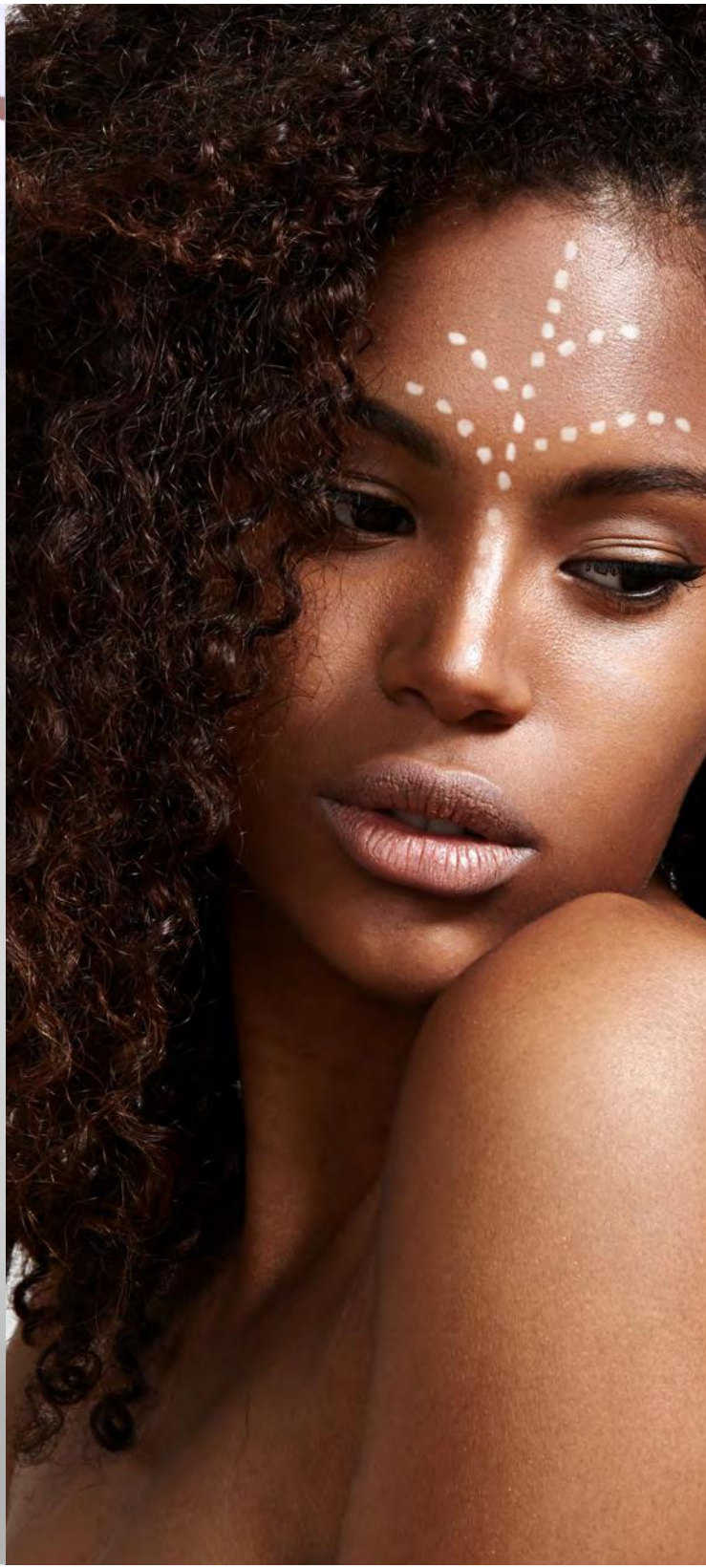
60 minute treatment R400

### Neo Matsogo

Royal African Hand Ritual with Rose Petal Water Cleansing, Sugar & Grapeseed Oil Scrub followed by Pressure Point Stress Relieving Massage

30 minute treatment R300

60 minute treatment R400



### Korean Body Scrub with African Rituals

A vigorous and rejuvenating full body exfoliation that combines modern knowledge with ancient wisdom to cleanse your body of dead and aging skin cells. Using an original Korean technique and African traditions. Your body will never feel this young; refreshed and revived

60 minute treatment

R550

### Expectant Mum Massage

Embrace your pregnancy and indulge in a signature Marula Infused Pregnancy Massage to alleviate common aches, growing body pains & enhance relaxation. Enjoy a feeling of complete tranquility and allowing you to embrace the gift of new life.

60 minute treatment

R470

## Dream SPA AND STAY

### Sunset Spa & Stay Getaway for two

Discover relaxation with a 1 night stay with Breakfast at the Luxurious Blue Marlin Hotel, with pampering and serenity at our Mangwanani Dream Spa- while indulging in a Tranquilizing 60 minute Full Body Hotstone Massage and a Relaxing 30 minute Foot Pressure Point Massage. Includes a scrumptious Dinner following your African Rituals. Excludes beverages

Off Peak

R3999

Peak

R4399

### Couples Romantic Staycation

Turn your special moments into memories with an exclusive 1 night stay at the luxurious Blue Marlin Hotel & Pampering African Rituals at Mangwanani Dream Spa. Renew your body with an invigorating 60min Korean Scrub followed by a relaxing 60min Aromatherapy Full Body Hotstone Massage using our 100% Natural Aromatic oil blends. Finally indulge in a 45min Therapeutic Pressure Point Foot Ritual to melt your stresses. Following is decadent experience enjoy a romantic dinner to complete this magical getaway. Excludes beverages

Off Peak

R4499

Peak

R4999

### Ultimate Dream Spa Retreat

Celebrating a birthday, anniversary, engagement or just life... Escape for a 1 night Stay at the luxurious Blue Marlin Hotel and indulge in our rejuvenating 60min Aromatherapy Full Body Hotstone Massage, our 30minute Royal African Foot Massage and a tranquil 30 minute North African Head, Neck and Shoulder massage at our Mangwanani Dream Spa for the ultimate indulgence. Package includes breakfast.

Off Peak

R3699

Peak

R4199

# Dream

SPA PACKAGES

## Makoti Bridal Indulgence

Prepare your mind, body and soul for your special day at our Mangwanani Dream Spa with ocean views and Traditional African Rituals. This Blissful Makoti Relaxation Package includes our Body Polishing 60 minute Korean Scrub, our signature 60minute Full Body Hotstone Massage & a pampering 60 minute Gelish Manicure & a 60 minute Gelish Pedicure. End off your pamper experience with a delectable lunch and a Cocktail.

**R2199**

## The Perfect Retreat for Two

Rejuvenate the senses and calm the mind, lulled by ocean breezes at our Mangwanani Dream Spa with a pampering 60minute Spa Manicure OR Spa Pedicure, a mesmerising Full body Hotstone Massage and a Therapeutic 30 minute North African Head, Neck & Shoulder Massage. End of this Amazing Treat with a delectable lunch. Excludes beverages.

**R2799**

## Ocean Serenity for Two

Unplug your body and unwind your mind at our Mangwanani Dream Spa with a 45min Revitalising mangwanani Spa Facial with a relaxing Facial Pressure Point Massage then enjoy a 60 minute Nuturing Aromatherapy Full Body Hotstone Massage using our 100% Natural Aromatic Oils. Following your African Journey indulge in a scrumptious lunch to complete your serenity.

**R2499**

## Harmonious Half Day Spa

Experience ultimate tranquility with this Harmonious Half Day. This pampering package offers a delicious lunch with a Cocktail or Beverage, three 60 minute therapies which include a Traditional Full Body Massage with Hot Stones, a Royal African Foot Massage with Cleansing Ritual & Exfoliation and a North African Head, Neck & Shoulders Massage.

**R1399 per person or R2799 for Two**

## Take a Tea Break

Restore your mind and body with two relaxing treatments; a 30 minute Traditional North African Head, Neck & Shoulder Massage and a 30 minute Royal African Foot Massage with Cleansing Ritual and Exfoliation. These two treatments are complemented by a delicious slice of cake and Tea/Coffee.

**R649 per person or R1199 for Two**

Mangwanani  
**DREAM SPA**

BLUE MARLIN

# Nail

CARE

## Morgan Taylor

Spoil yourself with a 60 minute file, cuticle care, exfoliation, massage & Paint.

<b>Buff &amp; Shine (No Paint)(30min)</b>	<b>R150</b>
<b>Spa Manicure (60min)</b>	<b>R300</b>
<b>Spa Pedicure (60min)</b>	<b>R400</b>
<b>Executives Mens Manicure With Relaxing Massage(60min)</b>	<b>R250</b>
<b>Executive Mans Pedicure with Relaxing Massage(60min)</b>	<b>R300</b>

## Gelish

Gelish treat with 21 days wear

<b>Gelish Manicure (60min)</b>	<b>R350</b>
<b>Gelish Pedicure(60min)</b>	<b>R400</b>
<b>Soak Off Gel(30min)</b>	<b>R100</b>
<b>Soak Off Acrylic/Soft Gel Tips(40min)</b>	<b>R150</b>



# Poolside

RITUALS

Experience the wonderful sea views, the sand in your toes and the cooling sea breeze on your skin while indulging in a range of therapies that we offer at our poolside.

## Poolside Massages

North African Head, Neck and Shoulder massage or Royal African Foot Massage or Royal African Hand Massage

**20 minutes R150**

## Poolside Pamper Package

North African Head, Neck and Shoulder massage or Royal African Foot Massage or Royal African Hand Massage

**R799 for Two**

## Poolside Kids Spa

<b>African Warrior Face Art (20 minutes)</b>	<b>R50</b>
<b>Forest Fairy Manicure (30 minutes)</b>	<b>R150</b>
<b>Forest River Foot Massage (30 minutes)</b>	<b>R100</b>
<b>Mystical Royal Head, Neck and Shoulder Massage (30 minutes)</b>	<b>R100</b>
<b>Picture Perfect Facial (20 minutes)</b>	<b>R160</b>
<b>Twinkle Toes Pedicure (30 minutes)</b>	<b>R150</b>
<b>Wonderfully Wild Hand Massage(30 minutes)</b>	<b>R100</b>
<b>Magical Full Body or Full Back Massage (30 minutes)</b>	<b>R250</b>
<b>(45 minutes)</b>	<b>R350</b>

Mangwanani  
**DREAM SPA**

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