

Wellness Spa



MASSAGES

Swedish

- Full body | 60min **R625**
- Back, head, neck & feet | 45min **R495**
- Back & neck | 30min **R385**

Aromatherapy

- Full body | 60min **R770**
- Back & neck | 30min **R385**

Pregnancy *(Not allowed in first & third trimester)*

- Full body | 60min **R700**
- Back & neck | 30min **R385**

Hot Stone

- Full body | 60min **R770**
- Back & neck | 30min **R440**

Deep Tissue

- Full body | 60min **R770**
- Back & neck | 30min **R440**

Indian Head | 30min **R385**

Foot Massage | 30min **R330**

WAXING

- Full body **R930**
- Facial **R220**
- Full leg **R300**
- Half leg **R250**
- Underarm **R120**
- Full bikini **R275**
- Half bikini **R200**
- Full back **R310**
- Half back **R250**
- Full arm **R220**

- Half arm **R175**
- Lip/chin/cheeks/eyebrows **R100 each**
- Chest **R200**
- Abdomen **R220**

TINTING

- Eyebrow/eyelash tint **R100 each**

MANICURES & PEDICURES

- Full manicure or pedicure **R360**
- French manicure or pedicure **R385**
- French paint **R165**
- Gel pedicure **R450**
- File buff & paint **R165**
- Deluxe manicure or pedicure (paraffin) **R460**
- Soak off hands or feet **R165**

COMBOS

- Body scrub/wrap & massage | 2hrs **R1100**
- Body scrub & massage | 1HR30min **R825**
- Body scrub | 30min **R275**

Mini manicure plus
Mini pedicure plus
Back & neck massage | 1HR30min **R940**

FACIALS

Mini Facial 30min **R385**
Uplifting Facial 60min **R600**

TRADING HOURS

Monday-Sunday: 8:00-17:00

BOOKING IS ESSENTIAL:

TEL: 023 614 1150 EXT.421

EMAIL: healthspa@avalonsprings.co.za

ENQUIRE AT RECEPTION FOR BOOKINGS

Terms and Conditions: 100% cancellation fee applies on no show or late arrival. Bookings cannot be moved or changed. Subject to availability. Should you arrive late, time will be deducted from your treatment and treatment will commence if possible. No in-room massages.