

SIDE-BY-SIDE & SOLO JOURNEYS

These relaxation therapies can be enjoyed as single or side by side treatments for friends, family and romantic partners.
(Prices below are per person)

Rest & Renew | 120min R1100

- Body Scrub, Swedish or Aromatherapy Full Body Massage & Energising Facial

Glow & Go | 90min

- Energising Facial, Mani On-The-Go and Spa Pedicure R950

Soul Soother | 60min R550

- Swedish or Aromatherapy Back, Neck, Head & Foot Massage and Pedi On-The-Go

Muscle Ease | 60min R700

- Back Scrub, Hot Stone or Swedish Massage, Muscle Ease Back Wrap & Scalp Massage

Detox & Slimming Therapies | 90min R1200

- Dry Skin Body Brushing, Aromatherapy Massage & Body Wrap & Scalp Massage

BODY GLOW THERAPY

- Body Scrub, Creamy Chocolate Body Mask & Nourishing Coconut Body Balm | 60min R590
- Body Scrub & Nourishing Coconut Body Balm | 45min R450

TRADING HOURS

Monday & Friday: 08:00 - 18:00

Tuesday, Wednesday, Thursday: 08:00 - 17:00

Saturday & Sunday: 08:00-17:00

BOOKINGS

WhatsApp – 0236141159

Phone: 023 614 1150, Ext 421

Email: healthspa@avalonsprings.co.za

CANCELLATION POLICY

Kindly Note Our Cancellation Policy

Cancellations made less than 24 hours in advance may incur a **50% charge**.

No-shows will be charged **in full**.

A deposit may be required for **packages or peak-time bookings**.

Thank you for respecting our therapists' time and care.



AVALON SPRINGS

BY DREAM RESORTS

Spa MENU

MASSAGES

Avalon 5 Star Signature Massage | 90min R1200

- A heavenly fusion of warmth, aroma, and expert care

Swedish

- Full body | 75min R770
- Full body | 60min R625
- Back, Head, Neck & Feet | 45min R495
- Back & neck | 30min R385

Aromatherapy

- Full Body | 75min R900
- Full Body | 60min R770
- Back & Neck | 30min R420

Pregnancy

From 2nd trimester onwards

- Full Body | 60min R700
- Back & Neck | 30min R400

Hot Stone

- Full Body | 60min R770
- Back & Neck | 30min R420

Deep Tissue

- Full Body | 60min R770
- Back & Neck | 30min R420

Indian Head | 30min R385

Foot & Calf Massage | 30min R350

FACIAL TREATMENTS:

- Six Spa Energising Facial | 30min R450
- Six Spa Rejuvenating Facial | 60min R600

ADD ON

- Lip/Brow/Chin Wax R60
- Lash/Brow Tint R70

WAXING

- Brow/Lip/Chin R80
- Facial R180
- Full Leg R250
- Full Leg & Bikini R360
- Half Leg R180
- Half Leg & Bikini R290
- ¾ Leg R230
- ¾ Leg & Bikini R340
- Underarm R120
- Bikini – Hollywood R285
- Bikini – Brazilian R250
- Bikini – Regular R200
- Nose/Ears R90

TINTING

- Eyebrow R80
- Eyelash R90
- Eyebrow Tint and Shape R150

MANICURES

- Luxury Manicure (with paraffin) R450
- Spa Manicure R350
- Mani On-The-Go R280
- No Paint Mani R320
- File, Buff & Paint R150
- Cut/File & Buff R120

BIO SCULPTURE GEL

- Evo/Bio Gel Overlay R250
- Full Cover Tips & Gel Overlay R300
- Fill R250
- Spa Mani & Gel Overlay R440
- Spa Pedi & Gel Overlay R450
- Gel Removal & Nail Care R170

ADD ON

- Gel Removal R60
- Strengthener R100
- French Paint R30
- Silk Nail Repair/Tip per Nail R40

PEDICURES

- Luxury Pedicure (with paraffin) R460
- Spa Pedicure R360
- Pedi On-The-Go R290
- No Paint Pedi R330
- File, Buff & Paint R160
- Cut/File & Buff R120

ADD ON

- French Paint R30
- Hard Skin & Callus Removal R200

SPECIAL HEEL CARE

- Medi-Solutions Hard Skin & Callus Removal R220

KIDS TREATS (4-12 YEARS)

Because even little ones need time to slow down and shine from within.

- Mini Manicure | 20min R120
- Mini Pedicure | 20min R130
- Mini Facial | 20min R200
- Back Massage | 20min R290
- Full Body Massage | 30min R385